

Women's Volleyball

Event Coordinator: Dwight Johnson
Venue: Hook Park Community Center Gym

PARTICIPANTS:

Competition consists of (6) players on each team. A maximum of (9) players on the roster. List all players that are present for the game on the official score sheet.

Maximum of (2) spouses permitted.

START / TERMINATION OF MATCH:

1. The referee shall toss a coin and one captain shall call it in the air. The winner shall choose either serve, receive, or playing area. The loser of the toss is given the remaining choice. A coin toss will determine the serving team team for the third game (during playoffs.)
2. A match is completed when three games to 21 have been completed, using rally scoring. The team winning 2 of the three games is the winner.
3. A game ball will be provided. Teams should bring their own volleyballs for warm-up and practice.

TIMES AND SUBSTITUTIONS:

1. Forfeit time 10 minutes after scheduled start time.
2. Each team is entitled to two 30-second timeouts per game. (non-accumulative).
3. Substitutions are allowed on any dead ball. Subbing is unlimited and may be made by a rotation of players.

THE SERVE:

1. A legal serve is contact with the ball in which the ball is hit by one hand or fist, while the ball is held or after it has been tossed up in the air.
2. Each member of a team shall serve in turn. Serving out of order causes a side-out and loss of points served by that person, if discovered before the opposing team scores.
3. All players must be within the playing area at the time of the serve.

DURING PLAY:

1. Back line players shall not participate in the block or attempt to block, hit, or strike a ball higher than the net on / in front of the 10 foot line.
2. No player may step COMPLETELY ACROSS the centerline. A player may cross the centerline with his/her foot as long as part of the foot is on or above the centerline and the player does not interfere with play of an opponent.
3. A legal hit is contact with the ball by a player's body above and including the waist that does not allow the ball to visibly come to rest. The ball may not be lifted, pushed or thrown.

4. If a player goes up to block and the ball falls on his / her side of the net, the player may play the ball again. This contact counts as the first contact for his/her side.
5. Simultaneously contact of the ball by teammates shall be permitted and considered as one play and either player involved may participate in the next play.

NET PLAY:

1. Reaching over the net is permitted during the follow-through of a hit made on your side, an attempt of a hit or fake hit, or block attempt. If you end up in the net on your reach, it may be called upon and could result in an opponents point.
2. Blocking a ball that is entirely on the opponents side of the net is permitted when the opposing team had an opportunity to complete it's attack.
3. It is NOT legal to block a serve. The ball may be played off a serve by the front line players, but cannot be hit directly back to the serving team.
4. Contacting the net or any part of it, including the net supports, while the ball is in play is prohibited, except by a player's hair or unless the force of the ball by an opponent pushes the net into a player.
5. If the volleyball hits a ceiling obstruction on the opponent's side of the court, it is a sideout. If a ball hits a ceiling obstruction during a series on the team's own side, the ball is in play.

CONDUCT:

1. The referee shall have the power to warn, declare side-out or point, or disqualify from the game or match, any player, substitute, or spectator who persistently addresses the official with regard to decisions, make derogatory remarks about or to the officials, or commits derogatory acts to the officials. The HDFC Staff will support any decisions made by an official. Any further disputes should, however, be discussed with the HDFC staff.
2. The captain is responsible for his/her team and should be the only person to discuss objections or opinions with the officials or HDFC Staff.

AWARDS:

Medals will be awarded to the first, second and third place winners.

FORFEITS:

- A forfeit will be declared if a team arrives more than 10 minutes after the event start time without notification.

OVERALL TEAM POINT ASSIGNMENT

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|----------------|-----------|
| • First Place | 10 Points |
| • Second Place | 8 Points |
| • Third Place | 6 Points |
| • Fourth Place | 3 Points |
| • Fifth Place | 1 Point |